

Become a Ten-Minute Activist!

Did you know it takes less than 10 minutes to make a phone call, write a letter, e-mail or postcard and make your voice heard on an issue you care about?

When you write or call

- Identify yourself, the issue, the bill, the bill number if you have it, and what it's about
- Explain how you or people you know will be affected
- Be as brief and to the point as possible
- If you can't answer a question, offer to find out and call back
- Ask your legislator to state her/his position
- Express appreciation for listening and for votes that you agree with

When to call, e-mail or write

- Call or e-mail just before upcoming votes in committee or on the floor
- At the Capitol during the session you can reach your legislator:
House: 801-538-1029 Senate: 801-538-1035
- Try calling at home evenings and weekends and between legislative sessions

More hints--from legislators

- Legislators appreciate good information
- They listen most to their own constituents
- Just a few calls or emails on an issue make a difference
- Being concise counts in a short 45-day session

How to get information on legislative issues

- Read, watch and listen (TV, newspapers, blogs, posts, town halls, etc.)
- Use the legislature's website for bills, agendas, legislators background, phone numbers and e-mail addresses at www.le.utah.gov
- Listen daily during the session to a 6 pm League update on KRCL FM 90.9.
- Follow legislators on Facebook and Twitter
- Join the League of Women Voters for email updates and Action Alerts. Go to the League website at www.lwvutah.org .